

## 2009-10: A Year in Review. Walnut Hills Athletics: Home of Excellence. Check Out the Video on YouTube.

---

- 77 teams (+10 from last year) with 97 coaches in 21 sports (+3 from last year) serving 952 student-athletes (+77 from last year).
  - Second year of new administration in the Athletic Department.
  - Added fencing, wrestling club, and boys and girls JH lacrosse & recognized in-door track for the first time.
  - 1 State Champion, girls JH track.
  - 2 2nd place finishers in State Track & Field Championships, women's 400 dash, 4x400.
  - 1 Regional Championship, women's track & field.
  - 1 District Championship, women's basketball.
  - 1 Sectional Championship, women's basketball.
  - 9 League Champions – 3 times as many league champs as two years ago. Women's cross country, girls' JH cross country, women's basketball, men's bowling, academic team, girls' 7th grade basketball, men's tennis, boys' JH track & field, women's track & field.
  - League Tournament Champions, girls' 7th grade basketball.
  - 5 teams ranked in the City's Top 10 in Division I: Women's cross country, women's basketball, men's basketball, men's tennis, women's track & field.
  - 71 First Team All-League Performers.
  - 34 Second Team All-League Performers.
  - 5 League Players of the Year, women's cross country, academic team, women's basketball, men's track & field, women's track & field.
  - 6 League Coaches of the Year, women's cross country, academic team, women's basketball, men's bowling, men's tennis, women's track & field.
  - 2 Enquirer Division I Coaches of the Year, women's basketball, women's track & field.
  - 4 All-Americans, women's track & field.
  - 2 McDonald's All-American Nominees, women's basketball
  - 11 Enquirer First Team All-City: women's basketball, women's track & field.
  - 22 Enquirer Honorable Mention All-City: volleyball, football, men's soccer, women's soccer, men's basketball, women's basketball, men's track & field, women's track & field, men's tennis, baseball, softball.
  - 5 Senior All-Stars: football, women's soccer, women's volleyball, women's basketball.
  - Finalist, LaRosa's High School Female MVP of the Year Award, women's basketball.
  - Legacy Award, Greater Cincinnati and Northern Kentucky Women's Sports Association, Alumni Mary Danner Wineberg, Olympic Gold Medalist, 2008, 4x400.
  - High School Sportswoman of the Year, Eastern Hills Journal, volleyball/basketball player, 2nd consecutive year Walnut Hills won.
  - 51 Senior Academic Award winners: seniors earning a varsity letter w a 7-semester GPA of 3.5 or higher.
  - 167 All-Conference Academic Award winners.
  - At least 12 seniors will be playing sports in college.
  - Hosted free seminar on "Playing Sports in College on Scholarship" for the entire tri-state area, flying in the nation's number one authority on the subject.
  - Planning continues on new 27,000+ square foot arena & locker room/office complex near stadium.
  - 6 lane competitive swimming pool added to new construction project.
  - Football, ranked as high as 4th in Harbin Ratings & 6th in City in Enquirer's DII Coach's Poll w victories over Milford, Talawanda, Amelia, Hughes & Purcell; held 3rd annual football sports stag.
  - Cross country program, 1st place in 6 meets. Women's HS cross country, League Champions, Division I District Runner-Up to St. Ursula on a tie-breaker & Division I Regional Qualifier in State Tournament, ranked 4th in City in Enquirer's Final Coach's Poll.
-

- Women's tennis, Champions: Greater Cincinnati Coaches' Association Classic.
- Girl's JH cross country, League Champions w 5 of top 7 runners, 4th place MS Cross Country State Championship.
- Men's soccer, sectional finalist defeating Hamilton & Moeller.
- Men's JV soccer, 9-2-2.
- Academic Team, 14-0 in league, League Champions 5th consecutive year.
- Women's basketball, undefeated League Champions 3 years in a row; winner of 33 straight league games; 21-4, most wins in school history; Sectional Champions; the program's first District Championship; program's first Regional appearance; ranked 6th in Division I City in Enquirer's Final Coach's Poll.
- 4 of 5 starters on women's basketball team made 1st or 2nd team all-league.
- The women's basketball team received the following email after its defeat of Seton in the second round of the Sectionals: "I just wanted to drop you a quick note to say thank you for the class you and your team showed Seton on Saturday. My daughter plays for Seton and it was very obvious that Walnut hills ability was far greater than Seton's. The way you coached the game gave me hope that not all coaches believe that the margin of victory needs to be as large as it can possible be. There was no need to press (which you did not call) There was no need to play your starters for 95% of the game (which you moved players in and out) and you still stayed in control for the whole game. This has not been the case for us in so many games this year. You and your team have made Walnut Hills proud. I can tell you that our family has become fans of Walnut Hills. I wish you and your team the best of luck for the remaining year and in the future. Thank you and your team!! Mike B."
- Men's basketball, 8-2 in league; defeated No. 1 Winton Woods; Sectional Finalist, 2nd consecutive year, defeating Elder in second round; 16-5; ranked 8th in Division I in City in Enquirer's Final Coach's Poll.
- 3 of 5 starters on men's basketball team made 1st or 2nd team all-league.
- Varsity swim team, women 7-1 and men 5-3 in dual meets; League Championship diver 2 years in a row.
- JH swimming, 5-1; boy's 100 yard butterfly Champion, JH City Championships.
- Men's bowling team, 9-1 in league; League Champions.
- Girl's 7th grade basketball, undefeated League & Tournament Champions; 16-1.
- Girl's 9th grade basketball, Championship Runner-Up, Mercy Freshman Tournament.
- 17 District Qualifiers, State Tournament: men's bowling, women's swimming, men's swimming, men's tennis.
- In-door track & field set 6 school records
- Track & field program won 13 meets
- Women's track & field, 6th in State, Regional Champions, District Runner-Up
- 10 Regional Champions, women's track & field: 100 dash, 4x200, 400 dash, 4x400
- 12 District Champions, women's track & field: 100 dash, 4x200, 400 dash, 800 dash, 200 dash, 4x400.
- Women's track & field, League Champions, 1st place in 12 of 34 events.
- New Balance National Track & Field Championships, women's track & field: 2nd in the nation, 800m Sprint Medley, new school record; 1600m Sprint Medley, new school & city record; 2nd in the nation, 4x100 in Emerging Elite Division, beat meet record time.
- Boy's JH track & field, League Champions, 3rd place: MS State Tournament.
- Men's tennis, undefeated League Champions.
- Boy's JH tennis, Champions, Seven Hills City-Wide Invitational Doubles Tournament, 1st place finishes in 3 of 4 flights
- Baseball team, Champion: Brandon Phillips Classic, 2nd consecutive year; won more FAVC league games this year than past 5 years combined; defeated Sycamore in 1st round of sectionals, 5-1 .

### Headlines You May Have Missed

---

- “Walnut Hills Eyes FAVC Crown, Postseason Run” (EHJ, 11/25/09)
  - “Walnut Hills Football on the Rise” (EHJ, 11/4/09)
  - “Walnut Hills Aims to Defend FAVC Title” (EHJ, 12/2/09)
- “Bullard Doubles Walnut’s Pleasure, Hoop Star Also Volleyball Standout” (CE, 9/18/90)
  - “Walnut Hills Celebrates Signing Day in Style” (EHJ, 11/18/09)
  - “Dynamic Walnut Hills Duo Sets Date with State Champs” (CE, 2/21/10)
  - “Unselfishness, Character Led Bullard to Success” (EHJ, 6/30/10)
- “Walnut Hills Seizes the Day, Eagles Sweep Doubleheader from Withrow” (CE, 4/4/10)
  - “Walnut Hills looking Forward to Nationals” (EHJ, 6/9/10)
  - “Walnut Hills Girls Continue to Roll” (EHJ, 2/10/10)
  - “Walnut Hills Caps Track Season at Nationals” (EHJ, 7/7/10)
    - “Walnut Hills Wins District Title” (EHJ, 3/10/10)
    - “Eagles Girls’ Track Loaded with Talent” (EHJ, 4/14/10)
    - “Walnut Hills Ends Elder’s Season” (CE, 3/4/10)

Submitted by Tom Donnelly, AD 513-363-8602 or [donnelt@cps-k12.org](mailto:donnelt@cps-k12.org)

---