

## Athletics 2008-09: A Year in Review.

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- 67 teams in 18 sports serving 875 student-athletes.
  - New administration in the Athletic Department.
  - Added JH baseball, JH swimming, JH diving, HS diving this year.
  - Freshman football team for 1st time in 6 years.
  - Adding JH golf, women's golf, JH Lacrosse (HS Lacrosse the following year), and fencing next year.
- Working on JH softball.
- Added pole vault and throws coaches in track and field.
  - Added a professional, year-round weight and conditioning coach.
  - 1 State Champion - Academic Team (NAQT).
  - 1 State Champion Finalist – Academic Team (OAC).
  - 2nd and two 7ths in State Track & Field Championships. Women's 400 dash and 100 dash and 4x200.
  - 8 League Champions – nearly 3 times as many league champs as last year. Men's soccer, girls' 7th grade volleyball, boys' 8th grade basketball, women's basketball, men's basketball, academic team, girl's JH track, men's track.
  - 5 teams finish in the city's Top 10 in Division I. Men's soccer, men's bowling, women's basketball, men's basketball, women's track.
  - No. 1 in entire League/FAVC (18 teams) in all-sports points for this winter sports season – Walnut Hills had the most successful winter sports program in the league.
  - 66 First Team All-League Performers.
  - 6 League Players of the Year. Men's soccer, women's basketball, men's basketball, academic team, Female Runner of the Year, Female Field Athlete of the Year.
  - 5 League Coaches of the Year. Men's soccer, women's basketball, men's basketball, academic team, men's track.
  - 5 All-Americans. Men's swimming, women's track.
  - 8 First Team All-City. Men's soccer, women's basketball, men's basketball, women's track.
  - 21 Honorable Mention All-City. Men's soccer, women's soccer, volleyball, women's basketball, men's swimming, women's track, baseball, softball.
  - 3 East-West Senior All-Stars. Football, women's basketball, men's basketball.
  - High School Player of the Year, Greater Cincinnati and Northern Kentucky Women's Sports Association, women's 4x200 and 4x400 relay teams.
  - Sportswoman of the Year, Eastern Hills Journal, sophomore cross country/basketball/track.
  - 50 Senior Academic Award winners – seniors earning a varsity letter with a 7-semester GPA of 3.5 or higher.
  - 101 All-Conference Academic Award winners.
  - At least 16 seniors will be playing in college.
  - Nut House student cheering section begun. Germaine Henderson, Miami U's top men's basketball recruiter, called it the best high school atmosphere he's experienced in years.
  - Instituted formal Academic Monitoring system for athletics.
  - Increased the seating capacity of the gym with the addition of student cheering section under visitor's basket.
  - Planning 22,000-25,000 square feet second gym and locker room/office complex near stadium.
  - Established internship program in sports administration with local universities.
  - Established Athletic Hot Line for daily schedule.
  - Revamped the seasonal award ceremonies.
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- Varsity football won, was named Channel 9 Team of the Week Football, and held 2nd annual football sports stag.
  - 8th and 9th grade football teams had winning records.
  - Girl's JH cross country team won the All-City Championship and the Milford Invitational.
  - Men's golf won the League's Shootout Tournament.
  - Women's tennis won the doubles championship at the Coaches' Classic.
  - Girl's JH soccer was undefeated and won the CHCA Eagle Invitational for the 2nd year in a row.
  - Men's soccer 12-2-2 this year.
  - Men's JV soccer team went 14-1-1 this year.
  - More than half of the first team all-league performers in men's soccer were from Walnut Hills.
  - Academic Team was 14-0 in league this year and League Champions 4th consecutive year.
  - Women's basketball undefeated league champs 2 years in a row, winner of 23 straight league games, 16-5 this season.
  - 4 of the 5 starters on the women's basketball team made 1st or 2nd team all-league.
  - Men's varsity basketball was 17-4, 9-1 in league and JV team was 16-3, 10-0 in league.
  - All 5 starters on the men's basketball team made 1st or 2nd team all-league.
  - Varsity swim team undefeated in 8 dual meets and set 13 school time records.
  - Girl's and boy's JH swimming, as a first year program, was the largest in SW Ohio.
  - Men's bowling team was 13-4 and 7-3 in league.
  - 8th grade boys basketball team went 31-0 over the last 2 years, winning the league and the league tournament 2 years in a row.
  - Women's track team broke 3 league records in the League Championship. 100 dash, 200 dash, and the 400 dash.
  - Women's track team won the Kick-Off Classic and the Mt. Healthy Owl's Classic this year.
  - Girl's and boy's JH track teams won 7 of their last 8 meets and in the 8th meet finished 2nd.
  - Men's baseball team won the inaugural Brandon Phillips Classic and won more league games this year than in last 4 years combined.
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