



Dear Cheerleading Candidate,

Hello and thank you for showing interest in the Walnut Hills Jr. High Cheerleading Squad. We are very excited about the opportunity to meet you and share our enthusiasm for the sport of cheerleading. It is very important that you and your parent/guardian **read and complete** all material in this packet and bring completed forms with you to the **First Day of Clinic** – A check list is also provided on the next page for your reference for paperwork that is required.

Clinics will be held Friday, August 17th from 3:30-7pm with actual tryouts on Saturday, August 18th from 9am-1pm. Students who make the squad will receive an email no later than the end of Sunday.

Cheerleading is a very demanding sport that requires commitment on the field during the game, and off the field amongst peers, family, and friends. As a Walnut Hills Cheerleader you will be required to show excellent sportsmanship, eagle pride, and always excel academically.

Jr High: Students must have a minimum of a 2.0 G.P.A. and are allowed one failing third quarter grade in order to be eligible for tryouts. Once making the team, to remain eligible, students must pass **5 classes** in the immediately preceding grading period (students must get a D or better in **5 classes** in the most recently completed quarter, PE DOES count toward those 5 classes).

We are looking forward to seeing you at tryouts. Please begin stretching, tumbling and getting into shape now! If you have any questions, please feel free to contact a coach.

Good Luck!!

WHHS Cheerleading Coaches



TRY OUT CHECKLIST 2018-2019

- Cheerleading application

- Copy of report card 4th quarter grades
- Cheerleader Responsibilities (all spaces initialed)
- Parent Responsibilities (all spaces initialed)
- Cheerleader and Parent Commitment (signed by both parties)
- OHSAA physical – must be received by clinic date in order to tryout. Form can be found on Walnut Hills Website – if there is a physical on-file from another WHHS sport, please bring a note from the athletic department with the date your physical was completed

All information will be due Friday August 17th

Jr. High School Coaches Contact Info:

Dorian Mundy
Junior High Coach
dmundy1129@gmail.com
513-257-9965

Candiss Phillips-Cornwell
Junior High Coach
c_phil09@yahoo.com
513-306-3155

High School Coaches Contact Info:

E'Lyse Hill
Head Cheer Coach/Varsity
coachelyse@live.com
513-545-5363



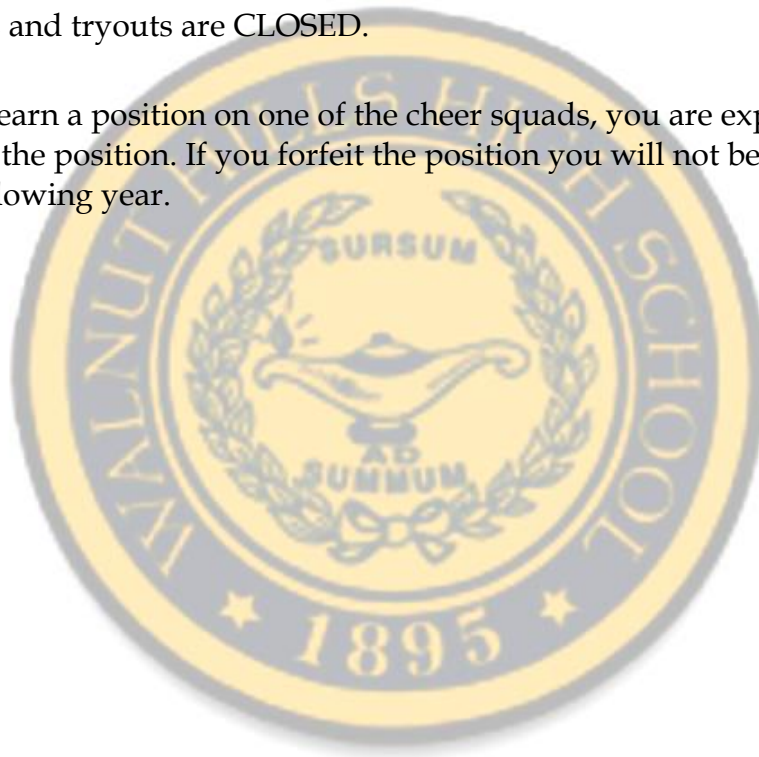
TRY OUT INFORMATION 2018-2019

Tryout Clinic: August 17th 3:30-7pm and 18th 9-1pm (Indoor Training Facility)

**** Candidates must stay for the duration of each clinic day****

❖ **RESULTS ARE FINAL!!!! NO EXCEPTIONS**

- ❖ NO GUM, FOOD OR SODA/POP...ONLY WATER AND OR GATORADE/POWERADE. NO jewelry of any kind allowed (NO STUD EARRINGS, RINGS, NECKLACES ETC.)
- ❖ Phones are to be turned OFF or on SILENT before coming into the ITF and are NOT allowed to be used during clinics or tryouts. Phones may be used to record material taught at the end of clinics each day.
- ❖ Cheerleading consists of two seasons (Basketball and Football).
- ❖ Clinics and tryouts are CLOSED.
- ❖ If you earn a position on one of the cheer squads, you are expected to accept the position. If you forfeit the position you will not be able to tryout the following year.





TRY OUT INFORMATION 2018-2019

What to wear?

NO "EAGLE CHEER" APPAREL ALLOWED

- ❖ Clinic: Cheer/tennis shoes, shorts, t-shirt, hair in pony tail off shoulders.
- ❖ Tryouts: Plain white t-shirt, navy or black colored shorts, cheer/tennis shoes, hair in pony tail off shoulders.
- ❖ Make-up should be natural. Bows are optional.
Candidates will be asked to leave if they are not wearing proper attire.

How will I be scored?

Scores will be computed for candidates based upon the following areas:

- ✓ Academics: Teacher Evaluations and Grades
 - ✓ Clinic Material: Chants, Cheer, Dance, Jumps
 - ✓ Confidence/Enthusiasm, Motions, Rhythm, Voice,
 - ✓ Tumbling (Required: Cartwheel, and Round-off)
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- ❖ NO MAKE-UP TRYOUTS unless arrangements have been made with coaches prior to tryouts.
 - ❖ COACHES WILL HAVE FINAL DECISION OF TEAMS. TEAMS WILL NOT BE CHANGED.

Important Dates:

Practices will be on Tuesday, Wednesday and Thursday from 4-6:30
MANDATORY PARENT MEETING 8/21/2018 6pm in the Faculty Dining Room

- Homecoming: September 21st 7pm (only cheer first half)
 - Fundraiser: Hudepole Race September 22nd
- Volunteering-Grandparents Day at Maple Knolls October 8th
 - Fundraiser: Queen Bee October 13th
- Games: Football season
- Thursday 8/30, 9/6, 9/20, 10/4, 10/11, 10/18 and Wednesday 9/12
 - (7th grade games start at 4:30 8th grade at 5:45)
- If it is an away game bus will leave Walnut around 3pm

- Basketball season games are Monday's and Wednesday's we cheer for home games only.





TRY OUT INFORMATION 2018-2019

Jr. High School Squad Makeup

There will be two squads for the Junior High Cheer Program. Teams will either be determined based on grade level or scores.

Football

Both squads will cheer at home and away games. Transportation will be provided to away games. Please note that there may be games that transportation is not available and a coach will notify parents. Both squads will also have the opportunity to cheer with Varsity at homecoming night.

Basketball

Both squads will cheer at all HOME games, and any season tournaments. Due to OHSAA regulations, only 8 cheerleaders are allowed on the court at a time. Coaches will make a rotating schedule for games. Before the season begins any excused schedule conflicts must be submitted to coaches (date will be given later). AFTER the schedule is sent, it will be their responsibility to find a replacement, or will be unexcused.




**FINANCIAL OBLIGATIONS 2018-2019
(JR. HIGH SCHOOL CHEERLEADING SQUAD)**


Below you will find a pricing list for cheer. Please note the total price is for the entire season (August to March), these prices are estimated and are the max for each category. To offset costs fundraising will be offered and will go toward individual accounts, items for pep rallies, homecoming, music for routines, end of year banquet, etc.


 Cheer Accessories: \$100.00
(Bag, Bow, Briefs, Liners, Poms)

 Squad Apparel \$60

 Mandatory Pay-To-Play: \$40 per season. Football season due by August 31st.

 Warm Ups: \$70.00*

 Cheerleading Shoes (Will receive two pair) \$125.00

 Winter camp: \$25.00

New Eagle Cheerleader: \$460

Team meal will be a separate cost.

Team meal for homecoming with Varsity will be \$10.

\$250 due 8/21/2018

\$40 PTP due 8/31/2018

\$130 due 9/18/2018



WHHS Jr. High School Cheerleading Application 2018-2019

Candidate Name: _____

Date of Birth: ____/____/____

Grade Level: _____

Address: _____

City/State/Zip: _____

Cell Phone Number: _____

Cheerleader's e-mail: _____

Mother's/Guardian Name: _____ Cell #: _____

Father's/Guardian Name: _____ Cell #: _____

Parent e-mail: _____

Do you Have Any Allergies (Food, Medicine, etc: _____

List Any Previous Cheer Teams and/or gymnastic experience

List other teams, clubs, activities or programs you plan to participate in during the 2018-2019 Academic Year:



WHHS Jr. High School Cheerleading Responsibilities 2018-2019

Cheerleading requires a GREAT deal of time, commitment, and dedication.

Responsibilities include but are not limited to the following:

(Please initial by each statement)

_____ I understand tryout results are final

_____ I understand that WHHS Cheerleading is for two seasons (Football & Basketball)

_____ I will routinely check all cheer communication for all updates.

_____ I will maintain academic eligibility (WHHS/OHSAA guidelines) and seek help from teachers, academic advisors and or tutors.

_____ I will represent WHHS in a positive manner in action, dress, and overall conduct (e.g. any time before, during and after school, social media, at events, in the community etc., NO PDA).

_____ I will refrain from gossiping or any form of verbal or physical confrontation (ZERO TOLERANCE FOR BULLYING).

_____ I will raise school spirit, maintain a positive attitude and remain coachable throughout the seasons.

_____ I will wear appropriate uniforms or outfits on specific days and scheduled events.

_____ I will be on time, attend all games, practices, and other events. I will take responsibility for contacting a coach if I am going to be tardy or absent and I understand it is NOT my parent/guardian's responsibility.

_____ I will communicate in a positive manner with teammates, coaches, and staff.

_____ My phone will not be used during events, practices and games.

_____ I will have all my gear with me at all times in the cheer bag. If I do not I understand I must sit out during the game and cheer my team on.

Please sign and date below to acknowledge you have read and agree to the terms above:

Cheerleader signature: _____ Date _____





**WHHS Jr. High School Cheerleading
Candidate Acknowledgment 2018-2019**

Candidate:

I _____ have read and fully understand the responsibilities and commitments as stated in this packet to tryout and become a Walnut Hills High School Cheerleader. If elected, I promise to abide by the rules and regulations set forth by the coaches and the athletic department of Walnut Hills. I promise to cooperate and follow instructions of not only the cheerleading coaches, but staff, and parents.

I acknowledge that my participation on any team at Walnut Hills, including cheerleading, requires that I am academically eligible at the time of participation (2.0 GPA during tryouts, 4th Qtr grades determine Fall eligibility; and 2nd Qtr. grades determine Winter eligibility. I acknowledge that there will be **no refunds** of any expenses, even though I may have made the team, paid for and gone to camp, and paid for equipment and supplies.

Jr High: Students must have a minimum of a 2.0 G.P.A. and are allowed one failing third quarter grade in order to be eligible for tryouts. Once making the team, to remain eligible students must pass **5 classes** in the immediately preceding grading period (students must get a D or better in **5 classes** in the most recently completed quarter, PE does NOT count toward those 5 classes).

If I am placed on a squad, I acknowledge that the skills I perform at the time of tryouts are expected to be performed throughout the season. If I fail to do so, with the exception of injury, I understand it is at the coaches' discretion to suspend or remove me from the squad.

Student Signature: _____

Date: ____/____/____



WHHS Jr. High School Cheerleading
Parent Responsibilities 2018-2019

WHHS Cheerleading program requires a GREAT deal of time, and commitment from not only athletes but parents as well. Please read, and initial by each statement:

- _____ I understand results from tryouts are final
- _____ I will encourage her/him to abide by the rules set forth by coaches 100%.
- _____ I will attend parent meetings; if I am unable to attend I will notify my child's coach immediately and make arrangements to gather information from meeting.
- _____ I will make payments and have forms turned in on time, if this is not possible I will notify the coach immediately and make arrangements.
- _____ I will participate in two fundraisers during the season
- _____ I will work two gate/concession stand shifts during the season (one football, one basketball).
- _____ I will check all communications (email, website, teamsnap) regularly for updates.
- _____ I understand that all practices and camps are closed to parents (Except Team Moms), and all decisions coaches make are final.
- _____ I agree to notify the coach if my cheerleader is ill and they not able to contact their coach themselves as soon as possible.
- _____ I will oversee the time management of my cheerleader (i.e. practice and game schedules, homework completion, relaxation time, etc.).
- _____ I will provide punctual transportation or make arrangements for my cheerleader
- _____ I will direct concerns about my cheerleader on an individual basis directly to their specific coach first.

Please sign and date below to acknowledge you have read and agree to the terms above:

Cheerleaders Name: _____

Parent/Guardian Signature: _____ Date: _____





**WHHS Jr. High School Cheerleading
Permission and Acknowledgment 2018-2019**

Parental Permission:

My child, _____ has my permission to tryout to become a cheerleader at Walnut Hills School. I understand that he/she must abide by the rules and regulations set forth by the coaches and the athletic department at Walnut Hills High School, and be present for all practices, games and other events. I understand all costs involved as stated in the packet and have fully read and understand the rules and regulations. I understand that the violation of any of these rules may lead to temporary or permanent suspension from the squad. I understand that consistently negative remarks, or acts in a manner that may jeopardize the name and reputation of WHHS Cheer Program or Walnut Hills High School will be subjected to removal with no refund.

I understand that all forms with a blue star must be completed, turned in by **August 17th** and my child must have a current physical on file by the first clinic date or he/she will not be allowed to participate. I also understand that the results of the tryouts are FINAL. The coach has the option to open tryouts at any time during the year to any Walnut Hills transfer student. I understand that my child must attend all tryout sessions (unless arrangements have been made with coaches ahead of time) in order to tryout. I understand that my daughter/son will be evaluated by qualified coaches.

I acknowledge that my child's participation in the Walnut Hills Cheerleading Program, requires that they be academically eligible at the time of participation (2.0 GPA during tryouts, 4th Qtr grades determine Fall eligibility; and 2nd Qtr. grades determine Winter eligibility).

I acknowledge that there will be no refunds of any expenses after the first initial cheerleading deposit, even though they may have made tryouts, paid for and gone to camp, and paid for equipment and supplies

I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participants and coaches are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. I understand these risks and will not hold Walnut Hills High School or any of its personnel responsible in the case of an accident or injury at any time.

Parent Signature: _____ Date ____/____/____

