

## **\*Paperwork You MUST Complete**

- 1.) OHSAA Preparticipation Physical Form (aka Sports Physical) 4 pages**
- 2.) Emergency Medical Authorization Form**
- 3.) CPS Release of Liability/Informed Consent/Assumption of Risk Waiver (Grades 7-8 or Grades 9-12).**
- 4.) CPS Transportation Waiver Form.**
- 5.) NEW Authorization to Disclose Personal Health Info**  
**-- All these forms are available outside the athletic office near the gym or on the WHHS web page:**  
**<http://www.walnuthillseagles.com/Sports/> --**

## **Do you still have a valid sports physical?**

**Call 363-8603 and leave a message. An intern is handling these calls, so call as soon as possible. They are good for one year.**

## **Do you need to get a sport physical?**

**Here are some ideas about where to get a sports physical done. We are not endorsing any medical provider; we are simply sharing what we have learned over the years.**

- 1. Your primary care physician. Call and arrange an appointment, but it may be difficult to get an appointment in time for your tryouts. If you've had a recent physical with your doctor, you can ask them if they would fill out the OHSAA sports physical based on that prior examination.**
- 2. Go to an Urgent Care. They have a number of offices and are in the phone book. Bring your OHSAA sports physical form to an office and they will do it without an appointment.**

**Other questions, call Tom Donnelly, AD 363-8602.**